

# Kimberly-Clark



1

Separate the edges of the respirator to fully open it.



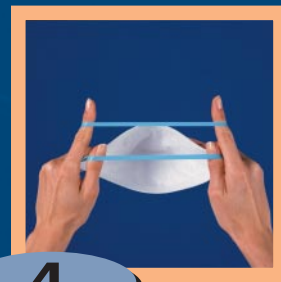
2

Slightly bend the nose wire to form a gentle curve.



3

Hold the respirator upside down to expose the two headbands.



4

Using your index fingers and thumbs, separate the two headbands.



5

While holding the headbands with your index fingers and thumbs, cup the respirator under your chin.



6

Pull the headbands up over your head.



7

Release the lower headband from your thumbs and position it at the base of your neck.



8

Position the remaining headband on the crown of your head.



9

Conform the nosepiece across the bridge of your nose by firmly pressing down with your fingers.



10

Continue to adjust the respirator and secure the edges until you feel you have achieved a good facial fit. Now, perform a Fit Check.

### DIRECTIONS FOR FIT CHECKING:

**IT IS IMPORTANT TO FIT CHECK THE RESPIRATOR EVERY TIME YOU WEAR IT.**

Forcefully inhale and exhale several times. The respirator should collapse slightly when you inhale and expand when you exhale. You should not feel any air leaking between your face and the respirator.

If the respirator does not collapse and expand OR if air is leaking out between your face and the respirator, then you have NOT achieved a good facial fit. Adjust the respirator until the leakage is corrected and you are able to successfully Fit Check your respirator.

## Proper Wearing of Kimberly-Clark\* Tecnol\* PFR95\* N95 Particulate Filter Respirators and Surgical Masks

To ensure your PFR95\* N95 Particulate Filter Respirator provides the intended level of protection, it is important that the respirator is applied properly, and that a "Fit Check" is performed EACH AND EVERY TIME you wear it.

NOTE: When using a FLUIDSHIELD\* PFR95\* N95 Particulate Filter Respirator, the orange side MUST be worn facing outward and upward in order to provide fluid-resistant protection.

### Directions for Proper Donning:

Properly donning your PFR95\* N95 Particulate Filter Respirator may feel a little awkward at first, but it will become easier with repeated applications. Please use the instructions to the left when applying this respirator.

### Tips for Achieving a Good Fit:

If you have a problem successfully Fit Checking your respirator, try the following tips:

1. Use a mirror while adjusting the respirator.
2. Ask someone to look for hair or earrings that might be caught in the seal.
3. Make sure the headbands are positioned properly. It is especially important that the top headband is on the crown of your head, as it is designed to hold the bottom of the respirator snug against your chin.

NOTE: If after trying these tips you are still unable to successfully Fit Check your respirator, see your supervisor or respiratory protection coordinator.

**DO NOT PROCEED WITH YOUR ACTIVITIES UNTIL YOU HAVE SUCCESSFULLY FIT CHECKED YOUR RESPIRATOR!!**

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